

As a minimum every workplace should have an occupational First Aid box or kit.

HSA is the legal standard for Ireland.

Beware, British HSE kits do not comply with Irish regulations.



Guidelines on First Aid at Places of Work

Health & Safety Authority (HSA)

Different work activities involve different hazards and therefore different first aid provision is required. Some places of work (e.g. offices, libraries etc.) have relatively low hazards whereas others (e.g. factories and construction work etc.) often have a greater degree of hazard or specific hazard involved. Requirements for first aid provision at work will therefore depend on several factors including the size of the workplace, the numbers employed, the hazards arising, access to medical services, dispersal of employees, employees working away from their employer's premises, workers in isolated locations etc.

Employees working away from employer's premises.

Where employees regularly work away from the employer's premises and there are no special hazards or problems of isolation, no first aid materials/equipment need be provided by the employer.

Where such work involves the use of dangerous tools or substances (e.g. agricultural and forestry work, electricity, gas, water and telecommunications services, transport of hazardous articles and substances etc.) The Travel Kit specified in the table should be provided along with any special materials/equipment or antidotes as appropriate.

As a minimum every workplace should have an occupational first aid box or kit. The following table gives a broad indication of the type of first aid materials/equipment and supplies which would be reasonable in different circumstances.

HSA RECOMMENDED CONTENTS FOR FIRST AID BOXES AND KITS	HSA 1 KIT 1-10 Persons	HSA 2 KIT 11-25 Persons	HSA 3 KIT 26-50 Persons*	TRAVEL KIT
Plasters, Adhesive	20	20	40	20
Eye Pads (No.16) Bandage attached	2	2	4	2
Triangular Bandages	2	6	6	2
Safety Pins	6	6	6	6
Dressings, Medium No. 8 (10cm x 8cm)	2	2	4	1
Dressings, Large No. 9 (13cm x 9cm)	2	6	8	1
Dressings, Extra Large No. 3 (28cm x 17.5cm)	2	3	4	1
Individually Wrapped Disinfectant Wipes	10	20	40	10
Shears, Paramedic	1	1	1	1
Gloves (Pairs)	5	10	10	3
Crepe Bandage (7.5cm)	1	2	3	1
Face Mask, Pocket	1	1	1	1
Sterile Water	1 x 500ml**	2 x 500ml**	2 x 500ml**	2 x 20ml
Burn Dressing (10cm x 10cm)	1***	1***	1***	1
Burn Dressing (10cm x 40cm)	1***	1***	1***	1
RECOMMENDED OPTIONAL EXTRAS				
* Where more than 50 persons are employed, pro-rata provision should be made.		should be discarded once the seal is broken. Eye bath/eye cups/refillable containers should not be used for eye irrigation due to risk of cross infection. The container should be CE marked.		
** Where mains tap water is not readily available for eye irrigation, sterile water or sterile normal saline (0.9%) in sealed disposable containers should be provided. Each container should hold at least 20ml and		*** Where mains tap water is not readily available for cooling burnt area.		